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## Nordictrack c700 review

Last Updated on May 24, 2021 by JP Let's Get Started: The NordicTrack C 700 Treadmill is an affordable home treadmill mainly intended for walkers looking for a variety of workout programming as well as the option to adjust the incline. Essentially, the NordicTrack C 700 Treadmill is one of the company's lowest-cost options, however they have added on the ability to connect an iFit subscription to allow for unlimited workout programs. In addition to this offering, the NordicTrack C 700 Treadmill comes pre-loaded with 20 workout programs to keep you progressing towards your goals while remaining entertained. However, the NordicTrack C 700 Treadmill also comes with a slightly shorter track than most treadmills at 55", which may make it difficult for taller trainees. Overall, the NordicTrack C 700 Treadmill is an affordable option for trainees looking for low-intensity, walking-dominant workouts. Click here to check NordicTrack.com for the best prices on the NordicTrack C-series Treadmills. Technical Info: Dimensions: Height: 56" Width: 35.75" Length: 78.3" Item weight: 202 lbs Max user weight: 300 lbs Features: 0-10 MPH at the tip of your fingertips and easily accessible on the console to adjust the speed and intensity of your workout using OneTouch controls. Power incline from 0 to 10% allows for you to adjust the intensity of your workout easily on the console. 2.75 CHP motor powers you while providing a smooth and quiet workout. FlexSelect™ cushioning allows you to adjust the amount of cushioning you'd like to have on deck. SpaceSaver® design with EasyLift® Assist for easy storage, including a foldable frame. AutoBreeze™ workout fan keeps you cool and comfortable during your session. Frame comes with integrated tablet holder for attaching your own personal devices. Computer Features: Multi-window LED display keeps your stats front and enter and easy to read. NordicTrackiFit® membership ready for optimal training. Two 2" digitally-amplified speakers included for music entertainment during your workout. Heart-rate sensors built into the treadmill handlebars for heart rate training workouts. 20 pre-programmed workouts created by top-level fitness professionals and targeted to your specific goals. Display readouts and user feedback include: Calorie Burn Meter Heart rate Time Speed Warranty: Frame: Lifetime Motor: 25 years Parts & Labor: 1 year Shipping and Assembly: Shipping costs will vary for the NordicTrack C 700 Treadmill will vary depending on where you purchase from and what type of delivery you prefer, however they do offer free shipping to the contiguous states of the continental U.S. Luckily, the NordicTrack C 700 Treadmill comes mostly pre-assembled: The deck and belt, shock absorption parts, motors, rollers, and folding mechanisms are already put together. You will have to attach the upright bars and the console, which can take up to about an hour. The NordicTrack C 700 Treadmill comes with a step-by-step guide to make this process easy and clear. What We Love About the NordicTrack C 700 Treadmill: Affordability The NordicTrack C 700 Treadmill is one of the most affordable, yet relatively well-built treadmills on the market, compared to models with similar features. In fact, many of the similar treadmills on the market come with double the price tag. And NordicTrack did not take many shortcuts when it comes to quality—the NordicTrack C 700 Treadmill comes with a commercial-quality motor, loads of pre-loaded workout programs, power incline, great acoustics, heart rate monitoring (although it does not come with a strap), and adjustable cushioning—to name a few of the key benefits. The only part that is less sturdy may be the track, which is single ply and sits atop a relatively small roller. In addition to this, the warranty for the parts is only one year, so although affordable, it's somewhat difficult to predict whether it will hold up for the year. For those looking for a treadmill mainly for walking and incline, this one can do the job at an affordable price. Workout Programming The NordicTrack C 700 Treadmill comes with 20 pre-programmed workout routines designed by certified personal trainers. These workouts auto-adjust the incline and speed of the treadmill to target calorie burn or endurance goals. In addition, with an iFit subscription, trainees can download an unlimited number of workouts on their personal smart phones or tablets to mount and use during the workouts. This includes hundreds of HD videos workouts, Google StreetView workouts, virtual treadmill races, and other kinds of downloads. The cost of the iFit subscription is subject to change, but is usually about 10 bucks per month. These programs offer a multitude of options to choose from when working out to ensure that you reach your goals without experiencing boredom during your training. What Isn't So Great: Shorter 55" Track Unfortunately, the 55" track on the NordicTrack C 700 Treadmill is a bit shorter than the tracks on traditional treadmills, making it less ideal for taller trainees. For some tall trainees, or for families who will be sharing the equipment, it would be better to get a treadmill that allows for a longer stride. Short Warranty On Parts This was harped upon earlier, but it's worth mentioning again that while the NordicTrack C 700 Treadmill offers a lifetime warranty on the frame, and 25 years for the motor, the parts, such as the track, are only covered for up to one year. Unfortunately, given the track is the weakest part on the NordicTrack C 700 Treadmill, you may be taking a risk with this purchase, especially if you are planning to do more running than walking on this unit. So, while affordable, if the unit starts to break down after a year, you may end up having to pay more for repairs or a different treadmill. However, this is entirely dependent upon how you intend to use and care for the machine. Final Word on the NordicTrack C 700 Treadmill: The NordicTrack C 700 Treadmill is an affordable treadmill that is best suited for walkers who are interested in the power incline feature and pre-loaded workout programming variety. The programming is plentiful, and with an iFit subscription, you'll never run out of workout options. However, the NordicTrack C 700 Treadmill is not made with the highest quality parts, and really should only be used for walking. If you're a low intensity trainee looking for an affordable treadmill, this may suit you for these reasons. Click here to check NordicTrack.com for the best prices on the NordicTrack C-series Treadmills. © 1996-2014, Amazon.com, Inc. or its affiliates Our Ratings are 4.79 Stars out of 5 Stars from 19,594 Reviews as of 2/1/22 The NordicTrack C 700 folding treadmill has a solid build, weighing 199 lbs. and can hold users that weight up to a 300 lb. max capacity. Icon has 10 years on the frame and 1 year on the motor, parts, and labor which is a rather disappointing warranty considering they have lowered the frame and motor from lifetime guarantees. All in all, this treadmill should last a power walker a few years of decent workouts with light use and proper care and maintenance. Brief OverviewThe NordicTrack C 700 has a decent build for a folding treadmill and offers many quality features making it quite competitive despite its lowered warranty. Not only does it offer technology with the ability to connect to iFit but gives walkers a path to optimal fitness health. The C 700 does fold enough to be considered a space saver and has a great design that will fit into any home environment. With the additional 30-day free membership to iFit the C 700 is a good choice for those starting their fitness journeys. When comparing treadmills in the less than \$600 price range, the NordicTrack C 700 folding treadmill holds its own with the quality features and technology built into its design. While not the most powerful, a 2.75 CHP motor allows users the ability to reach speeds of 10 MPH but with only a 1-year warranty we suggest light use and not actually walking that quickly when exercising. A decent 10% incline allows elevated workouts for lower body extremities while the 20" x 55" workout space gives wider users the ability to freely swing their arms without harm but those with longer strides would benefit from comparative shopping. The C 700 also comes with adjustable cushioning which allows users the choice of intensifying workouts with a more outdoor feel. The NordicTrack C 700 folding treadmill has a 7" touchscreen display which works with a paid iFit membership to help users explore the world, interact with trainers, and entrance to a huge workout library. There are also 20 built in workouts to spur walking fun along with quite a few other amenities that make this treadmill a somewhat decent investment for those needing an entrance to the fitness world. Small elements such as a fan, integrated tablet holder, speakers, and water bottle holders are included with the C 700 model, has comparative features to other treadmills in this price range Color Black Clothing Size One Size Maximum Incline 10 Belt Width 18 Is Foldable Yes Maximum Weight 300 lb Horsepower 2.5 HP Tread Belt 20" x 55" Motor 2.75 CHP Speed Range 0 to 10 mph Incline 0 to 10% Recommended Use Exercise, Running, Weightlifting, Cycling Assembled Weight 199 lb Fitness Goal Lose Weight, Gain Muscle, Improve Health Heart Rate Monitor Yes User Weight Capacity 300 lb Footprint 73.5"L x 35.5"W x 60.4"H Assembled Dimensions 66"L x 33.50"W x 57"H 10-Years Frame Warranty 2-Years Parts Warranty 1-Year Labor Warranty We invite you to see our other treadmill reviews to help you narrow your search for your next fitness machine. The NordicTrack C 700 is a basic entry-level folding treadmill that has become a competitive offering now that it is in the less than \$600 price range. It is designed more for power walkers and comes with rather disappointing low warranties considering the parent company is quite reputable for lifetime guarantees. The C 700 has a decent build and design and offers enough technology to appeal to those needing connections to the outside world when exercising. While not designed for heavy use, the C 700 will last a few years with proper care and maintenance.







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